



Help to Keep Malvern Cube COVID-19 Secure

1. **You must NOT enter if you or anyone in your household has Covid-19 symptoms.**
2. **If you develop Covid-19 symptoms within 7 days** alert Test, Track and Trace. Alert the Centre Manager, Nicola Turrell, on 01684 575363 or 07843 411620. Also contact the organiser of the activity that you attended.
3. **Maintain 2 metres social distancing as far as possible**, including as you wait for your activity to start.
4. **Use the hand sanitiser provided** on entering the premises. Clean your hands often.
5. **Avoid touching your face, nose, or eyes.** Clean your hands if you do.
6. **“Catch It, Bin It, Kill It.”** Tissues should be disposed of into one of the rubbish bins provided. Then wash your hands.
7. **Your space will be cleaned before your arrival.** Disinfectant spray and blu roll is available in all spaces. Try to not to touch things unless necessary. It is the responsibility of the group leader to clean door handles, tables, chairs, other equipment, sinks and toilets after your group ends.
8. **Only one person is permitted in the toilets** at any one time.
9. If using the **kitchenette, only one person** should use it
10. Standing or sitting next to someone is lower risk than being opposite them.
11. **Keep the space well ventilated.** Ensure windows and doors are closed when you leave.
12. We hope that you enjoy Malvern Cube safely. If you have any queries, concerns or suggestions please talk to our Centre Manager, Nicola Turrell.